



*Road Running Technical Council
USA Track & Field*
Measurement Certificate



Name of the course Anacostia Park 10 Mile Distance 10mi
Location (state) DC (city) Washington
Type of course: Road Race
Measuring Methods: Bike
Measured By Robert Thurston, 13 Kennedy St NE Washington, DC 20011
Race Contact Phil Stewart, 4963 Elm St #106 Bethesda, MD 20814
Date(s) when course measured: 10/05/2020
Number of measurements of entire course: 4 Course Configuration: 4 loops + 3 out-back sections
Elevation (meters above sea level) Start 3m Finish 3m Lowest 1m Highest 6m
Straight line distance between start and finish 245m Drop 0 m/km Separation 1.5 %
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %
Effective date of certification: October 27, 2020 Certification code: DC20005RT

Note to Race Director: Use this Certification Code
in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

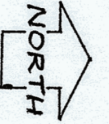
Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2030**

AS NATIONALLY CERTIFIED BY:

Date: October 27, 2020

Robert Thurston - USATF/RRTC Certifier - 13 Kennedy St NE , Washington DC 20011
(202) 431-0585 - thurret@aol.com



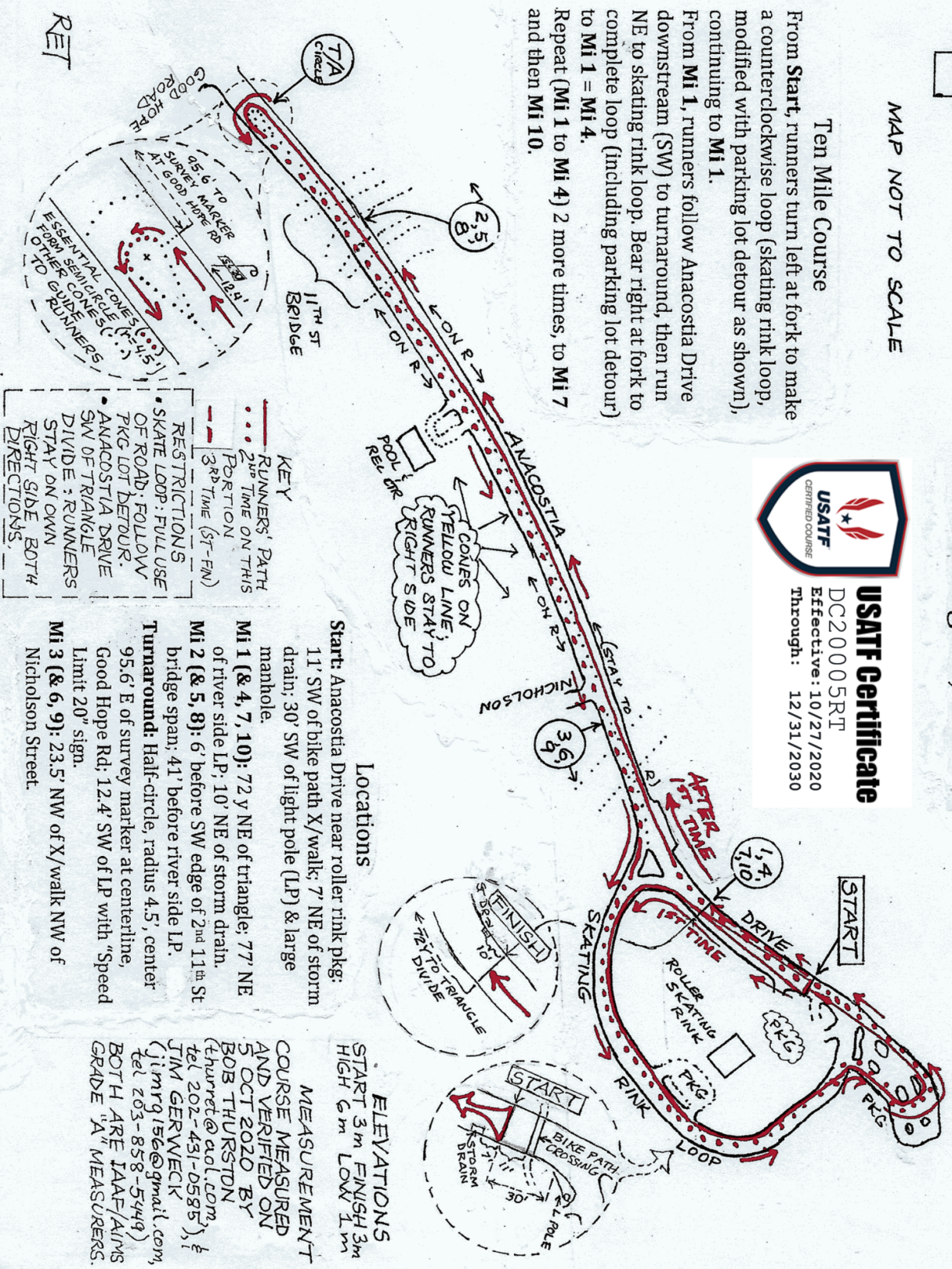
MAP NOT TO SCALE

Anacostia Park 10 Mile Washington, DC



USATF Certificate
 DC20005RT
 Effective: 10/27/2020
 Through: 12/31/2030

- Ten Mile Course**
- From **Start**, runners turn left at fork to make a counterclockwise loop (skating rink loop, modified with parking lot detour as shown), continuing to **Mi 1**.
 - From **Mi 1**, runners follow Anacostia Drive downstream (SW) to turnaround, then run NE to skating rink loop. Bear right at fork to complete loop (including parking lot detour) to **Mi 1 = Mi 4**.
 - Repeat (**Mi 1** to **Mi 4**) 2 more times, to **Mi 7** and then **Mi 10**.



KEY

- RUNNERS' PATH
- 2nd TIME ON THIS PORTION
- 3rd TIME (ST-FN)

RESTRICTIONS

- SKATE LOOP: FULL USE OF ROAD: FOLLOW PKG LOT DETOUR.
- ANACOSTIA DRIVE SW OF TRIANGLE DIVIDE: RUNNERS STAY ON OWN RIGHT SIDE BOTH DIRECTIONS.

Locations

Start: Anacostia Drive near roller rink pkg: 11' SW of bike path X/walk; 7' NE of storm drain; 30' SW of light pole (LP) & large manhole.

Mi 1 (& 4, 7, 10): 72' NE of triangle; 77' NE of river side LP; 10' NE of storm drain.

Mi 2 (& 5, 8): 6' before SW edge of 2nd & 11th St bridge span; 41' before river side LP.

Turnaround: Half-circle, radius 4.5', center 95.6' E of survey marker at centerline, Good Hope Rd; 12.4' SW of LP with "Speed Limit 20" sign.

Mi 3 (& 6, 9): 23.5' NW of X/walk NW of Nicholson Street.

ELEVATIONS

START 3m FINISH 3m
 HIGH 6m LOW 1m

MEASUREMENT

COURSE MEASURED AND VERIFIED ON 5 OCT 2020 BY BOB THURSTON (thurst@aoi.com) & JIM GERWECK (jimrg15@gmail.com, tel 202-431-0585) & JIM GERWECK (jimrg15@gmail.com, tel 203-858-5449) BOTH ARE IAAF/AIMS GRADE "A" MEASURERS.