# *Road Running Technical Council*
# *USA Track & Field*
# *Measurement Certificate*

recognized by RRCA

Name of the course High Tide Run 10 Mile 2024 - Long Beach Distance 10 mi

Location (state) CA (city) Long Beach

Type of course: Road Race

Measuring Methods: Bicycle

Measured By Todd E. Byers, 44444 N Shangri La Ln., New River, AZ 85087, byers_todd2@hotmail.com, 562-665-1485

Race Contact Gavin McKiernan, 3715 Monogram Ave, Long Beach CA 90808 gavin.mckiernan@gmail.com 562-234-6821

Date(s) when course measured: 09/25/2024

Number of measurements of entire course: 2 Course Configuration: several out/back sections

Elevation (meters above sea level) Start 2.44 Finish 2.44 Lowest 0.00 Highest 4.88

Straight line distance between start and finish 3.96m Drop 0.00 m/km Separation 0.02 %

Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %

Effective date of certification: October 16, 2024 Certification code: CA24043TEB

Note to Race Director: Use this Certification Code in all public announcements relating to your race.

# *Be It Officially Noted That*

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

***Verification of Course ---*** In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 of the year:*** **2034**

Todd E. Byers

***AS NATIONALLY CERTIFIED BY:***

Date: November 23, 2024

Todd E. Byers - USATF/RRTC Certifier - 44444 N Shangri La Ln., New River AZ 85087
(562) 665-1485 - byers_todd2@hotmail.com

*Version: 2019b*

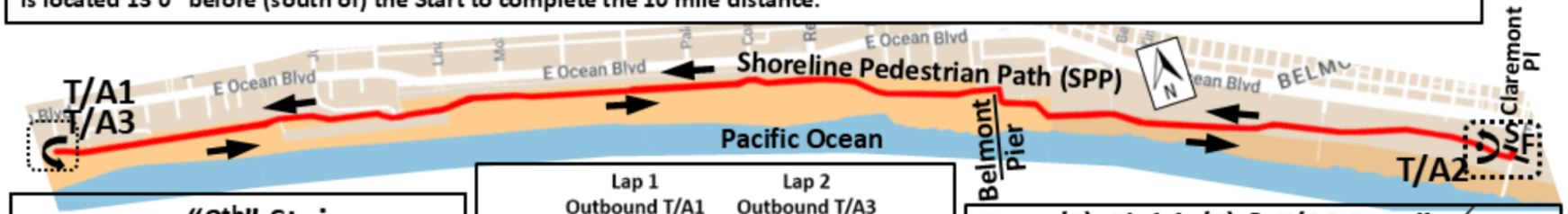
# High Tide Run 10 Mile 2024 - Long Beach — Long Beach CA

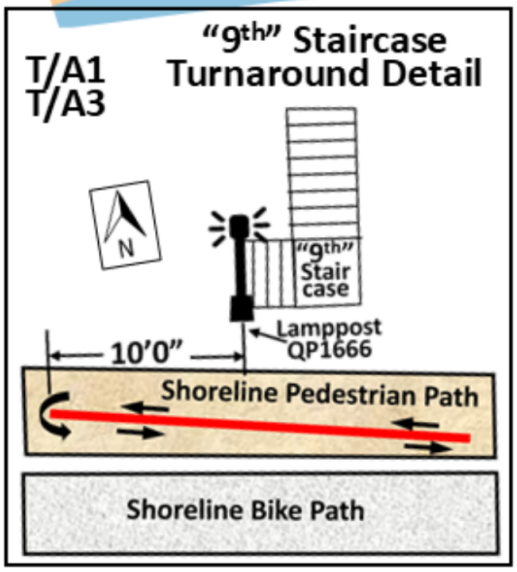
Measured on 09/25/2024 by Todd E. Byers (byers_todd2@hotmail.com)
Map drawn by: June Sterling
Measurements are shortest possible route (SPR) unless otherwise noted. Map not to scale.
Athletes have access to full width (edge to edge) of designated Shoreline Pedestrian Path (SPP) in both directions.

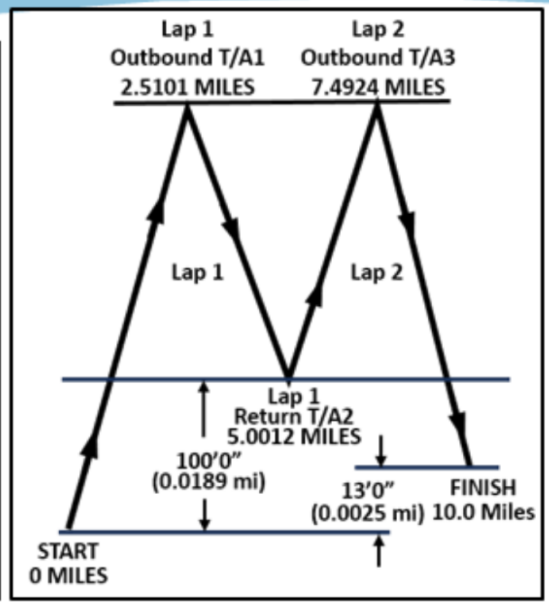
**USATF Certificate**
CA24043TEB
Effective: 10/16/2024
Through: 12/31/2034

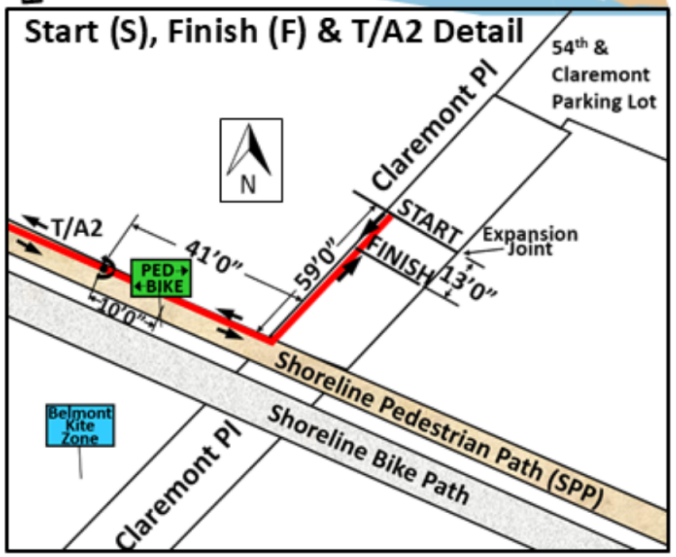
Start – On Claremont Pl, at the expansion joint which is just south of the 54th and Claremont Pl parking lot and 59'0" north of the north edge of the Shoreline Pedestrian Path (SPP).
Turnaround 1 & 3 (T/A1, T/A3) – On SPP, 10'0" past (west of) Lamppost QP1666 located at the bottom of the "9th" Staircase, both on right.
Turnaround 2 (T/A2) – On SPP, 41'0" before (west of) the western edge of Claremont Pl and 10' before (west of) the final green pedestrian/bicycle icon directional sign on right before Claremont Pl.
Finish - 10.0 miles – On Claremont Pl, 13'0" before (south of) the Start line.
Note: The Start, Turnaround and Finish locations are marked on the SPP by orange fluorescent paint on the right side of the path in the direction of athlete travel unless otherwise noted. Due to the nature of this multi-lap course, no individual mile markers will be provided.

Athletes run two laps of the route beginning at the Start line on Claremont Pl. They run to the western T/A (T/A1) and return to a second T/A (T/A2) located 100' before the Start line to avoid congestion. They then run the second lap via T/A3 returning to the Finish line which is located 13'0" before (south of) the Start to complete the 10 mile distance.



## Start, Turnaround and Finish locations for High Tide Run 10 Mile 2024 – Long Beach Long Beach, CA

**Note:** The Start, Turnaround and Finish locations are marked on the Shoreline Pedestrian Path (SPP) by orange fluorescent paint on the right side of the path in the direction of athlete travel unless otherwise noted. Due to the nature of this multi-lap course, no individual mile markers will be provided.

Athletes run two laps of the route beginning at the Start line on Claremont Pl. They run to the western T/A (T/A1) and return to a second T/A (T/A2) located 100' before the Start line to avoid congestion. They then run the second lap via T/A3 returning to the Finish line which is located 13'0" before (south of) the Start to complete the 10 mile distance.

**Start …** On Claremont Pl at the expansion joint which is just south of the 54th and Claremont Pl parking lot and 59'0" north of the north edge of the Shoreline Pedestrian Path (SPP).

**Turnarounds 1 and 3 (T/A1 and T/A3) – Miles 2.5101 and 7.4924 …** On SPP, 10'0" past (west of) Lamppost QP166 located at the bottom of the "9th" staircase, both on right.

**Turnaround 2 (T/A2) – Mile 5.0012 …** On SPP, 41'0" before (west of) the western edge of Claremont Pl and 10' before (west of) the final green pedestrian/bicycle icon directional sign on right before Claremont Pl.

**Finish - Mile 10.00 …** On Claremont Pl, 13'0" before (south of) the Start line.